



**Appendix Document
November 13, 2012**

(We have tried to represent the notes as much to the exact detail of how they looked on the pages.
If you have further questions, feel free to contact us at 404.736.6602 or via email at
info@clarkstondevelopmentfoundation.org)

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Filling the Gaps in Health Services

Easel 2

Wants/ Wishes

! = Mentioned as a big problem

Clinic

- ! – Translation/ Interpretation
 - Farsi (especially for this group)
- ! – Affordable (b/c limited resources e.g. 900 income → BUT more bills/costs)

No Insurance

No Medicaid

- Treat Well → Good Quality Care
 - Wholistic
- Neurology /Orthopedic
 - Specialists
- Quick Care /Urgent Care/ Same Day Service
- ! Make our own appts.! (In language)
 - Easier Service
- Transportation / Easy Access
- Capable Doctors. Those who explain the results.
- Doctors/ Staff who were responsive and responsible (e.g. story about how they kept losing blood test results)

4x ☹️

Who's/ What's Working

- Clarkston Community Health Center
- Glitter of Hope



(Bills/Education)

(Training/Adult ESL)

What's Still Missing

- Other Afghan Families
- Other Refugee Groups
- Transportation
- Especially w/ Men
- (Meetings should be held on weekend)



How Do We Achieve this Vision?

- Community has to work together / Come together

*List of clinic and hospital with low cost

- Community can solve transportation issue
(e.g. Community Car)
(or taking people nearby)

*Help with Medicaid/ Grady Card

- Volunteer Opportunities
(To be involved in the clinic)

Other Meetings

1. After T-day meeting of
Board of Directors @ Dr. Saeed & Represented by Sumaya
– Dec. 2nd (Sunday)
→ Would like the results/minutes of this
meeting to be shared

On Dec. 11th

@Willowbranch Apt.

Sunday Nov. 18th Afghan Men's Group 11 am

Transportation Needs

- **Driving Class**
 - **Center/ Physical Location**
- **Have to pass test in English**
(English/ Farsi Translation)

Accessing Existing Healthcare Services

Easel 5

Where do we want to focus?

- Understand more about paying for services and barriers/solutions
 - Obamacare (138% of poverty line);
immigrants must be in the states at least 5 years
 - Transportation to health services
 - Language as a barrier to accessing services
- Different policies/ programs that refugees or immigrants can access (medicare, medicaid, Obamacare)- what is new?
 - Education ourselves and others about healthcare legislation
- Employment offering health insurance?

What do we want to see in Clarkston with Medicaid/ Medicare?

- Limited eligibility in Clarkston—farther up at the policy level
- Create sheet of information for those who are eligible
- Because everything is being implemented, advocacy is not as prime right now
- Referral and transportation service to Grady
 - Grady used to have sattelites, would have a bus between apartments and Grady

What can we do (cont.)/What is the issue?

- What used to exit w/ Grady transportation

- What are other communities doing for transit to accessible healthcare?
- Why did the Grady bus stop?
- What are other ways that people can get to Grady?

Action idea:

→could we all pay into a ven service and have a map of services?

- Medical malpractice
- Liability issues- looking into legal circumstances
- Training for drivers

What are transportation barriers to go to Grady?

-large family – logistics

-mother may not have time to go to clinic and still manage logistics with children

-mother may delay her own healthcare

-Language barrier- even if we can get there, who will speak? And it takes all day...

What can we do?

- Can we bring care here? (fairs)
 - Not sufficient- need more care
 - But for checks (BP, iron) could be helpful
 - Perhaps a mobile health bus (that could go beyond) – regular times (chronic)
- Teaching about how to be proactive with one's healthcare to avoid the 2am emergency call
- Could there be a MARTA bus to specifically take the patients?
 - Not having Medicaid could be a barrier to this
 - Liability?
- Looking at the beltline?
- Grady Bus?
- What about local providers?
 - Who is here?
 - What is happening?
 - Accountability

Possible Action Areas

1. Local Providers

- Connect with them- bring them in- aware?
- How can we support them?
- Is there an existing list of resources?
 - Grady Satellite in Kirkwood- too far
 - CTT- mental health- Refugee Harmony (but now out)
 - CSB (community service board) – mental health

Next Steps w/ resource list

1. Develop a relationship with CSB

2. Whiteford (community school model)

- If you have a list, what is the best way to get it out to the community?
- Use list to make cnx with the crucial players, who do we need to have @ the table, then disseminate

Next Steps w/ List (cont)

Bring
together all the
settlement agency
lists

- Find out who is in town?
- Settlement organizations may have lists, but does not describe payment- RISA

↓ Bobby Farmer (IRC)- Bring forward the IRC list

- People need to take Bobby's list and delve deeper with a list of questions → also ID "holes"
→ who has a relationships with those on the list?
- disseminate through different cultural/religious groups

Questions for providers on lists

→ want to know, but not ??? to ask to provider

[-Willingness to give back? (ie donate day of service)]

- Translation/ What languages?
- Hrs
- Insurance- Medicaid/medicare (and what will happen if uninsured?)
- Location
- Transit Access
- Payment/cost/sliding scale fees
- Capacity to see patients in a day
- Emergency coverage

- Meet again to bring together all the settlement agency lists
 - Who are the settlement agencies?
 - Their lists? Bring together lists
 - Create questionnaire
 - Wendy willing to go to next steps
- Could CDF convene a broader group around the issue specifically? With more leaders/ agencies invited? **Budha know Bhutanese community leaders, also other community leaders**
- List out by end of the week (IRC)
- What about convening a group and including a questionnaire to find out their own resources that they use
 - Come to mtg with that information/ focus
 - Ask people to think about what else to talk about w/ agenda
 - Small organizing committee? *

Kelsey to take the 2nd sheets- CDF can call the planning mtg?

- Key to bring other settlement agencies together
 - Very clear expectations for mtg
 - Purpose: We would like for them to share w/ community reps their info about hlth providers they use for their communities and how we might partner w/ them to create a list of resources in Clarkston
- Where is the community input in developing this resource list?
 - They know the resources they use
 - Health promoters jobs not continuing b/c of lack of resources
 - Also non-clinical resources- churches, temples, etc.


Filling in the Gaps in Health Services

Easel 9

Vision

- Health Education
 - *Preventative health education
- Good communication btwn. patient & physician; (good bedside manner)
 - *Services and providers are connected and well-coordinated
 - *translation, cultural awareness, understanding physicians
 - *comm. Outreach (remove stigma)
- Educated and empowered residence

Action

- Patient Advocacy
 - *includes patient empowerment
 - *clearing-house—two way communication btwn. medical comm. and residents.
 - Resource Identification
 - Medical Facility (local)
 - Funding
 - Inclusive
 - Transportations
- 
- Broad Array (Network) of Support Services
 - *(Accessibility)
 - Collaboration of Direct Services

Who needs to be in the conversation?

- Children Medical Services
 - Aletha Dixon
- DeKalb Board of Health
 - *Health Assessment and promotions
 - Jewell Martin
- Global Pharmacy
- Case-Managers
- DeKalb Addiction Center
- DeKalb Mental Health Services
- Culture Connect
- Translation Station
- Grady Health Admin.
 - Nisha Shah
- Oakhurst Medical
- Refugee Comm. Leaders
- Crosslink
 - Xavier Ash
- Emergency Medical Technicians
- Religious Leaders

What can we do?

- Train trainers
 - Each-one-reach one
 - local leaders trained (→Multiplication & cascade effect)
- Comm. health Coalition
 - Communicates about resources, events
 - Create resource guide (translated)
 - Resources/references
 - “How to” access guide
- Coordinated health screenings in Clarkston

Addressing Apartment Health

Easels 11 & 12

Ruth

- Because we care- Provide resources for families that live in Apt. Complex's- looking for a new location
- Nov. 30th be in the corner to stop prostitution activities in the community. Meant to be non-confrontational. Meant to assist families & let prostitution

N/ Indian Creek Way & Jolly (corner of activities)

Action:  **11/30/2012**

- Disruption of Prostitution/ Human chain to show solidarity and let people know they care
- Get lights in back part of school
 - *repaired fence as last project in Sept.
 - *Multifaceted approach* (big idea)

Action

-report the prostitution as a crime to insure police cares.

What does a healthy apt. look like?

Avalon Apt. Renovated.

Action

-Contact & work w/ the city & attend meetings

-Educate Apt. Owners about better ways for Waste Management

- Apt. Complex needs interpreters to explain rules & regulations to residents. Need to make it a regulation/ Make apts. pay attention.
- Can work w/ city, but county is thought to be more effective
- Gordon Berket- County Rep.
- Joel Aldorato- works to connect city & county

Thoughts...

- Can't ask city to do it all!!
- 90,000- Pedestrians & Bike Safety-
- Bike turn around & use for education & other activities
- A centralized compactor/alternative methods for handling waste.

Majestic Apts. owns (6) properties & have/are conducting inspections

Action-

Attend Monthly Meetings/ Make it Mandatory to Make residence responsible & knowledgeable about ways to take care of apts.

Hands on education for refugees to ensure that people know how to care for their homes.

Recommendation:

Hire people to do work “outside” w/ refugees instead of in offices and using video’s to teach

Way’s to approach issue’s around cleaning area’s

Keep DeKalb Beautiful- provide supplies to clean an adopted area

- MLK Day Clean up Day in Clarkston 10-6 pm

An opportunity to show what a community can do.

Systematic way's for a city to collect contact info for citizens.
Can do it door to door.

Advertising community events- Sagal Radio to get info out.

Use community organizations- ex. Eritrean community center

Thought...

Residents associations-

- Ruth's example of Resident's association

Color coordinate concerns

Red-complaint

Green- apt. upkeep issues

Create a “Home” not just an apt.

Action-

- Meeting 1 time a month & be trained by Ruth
- 1 Apt. location run by residents to have tutoring, residential-hub for people to have diff. activities- need insurance \$\$ for liability

Doables

1. Green Grease- Pick up grease from people to prevent dumping it into the drain
↓ Ted will call- what are they doing now and what could they be doing in Clarkston
2. Go to disruption of prostitution event. “Human chain:
3. Ruth- Write a “blurb” about event
Mayor- Call Sagal Radio
4. MLK day of service
5. Interview to find out how Ruth is doing residents council. Produce manual to show others how to run a residence council.
6. Meeting w/ Ruth to see how she runs the meetings- Ted is highly interested
7. Meeting @ Ruth’s Dec. 6th @ 6pm. Roberta will send out an e-mail.

EASEL 12

Because We Care is a non-profit that makes sure residents in apartments have the resources they need

- Group of people will gather on the corner-N Indian Creek & Jolly, Behind the school- to make a statement against prostitution

Action Items

- Disrupt prostitution activities by creating a Human Chain
- Removal of trash in the general area of the apartments
- Educate Apartment Complex Owners about proper waste management

Other Issues

Lights in the back area of the school, and signs as well, have helped to reduce this activity. The community needs to come together to prevent these crimes.

Vision

- New apt. complex would potentially look like Avalon.
Groups need to start jointly work with the city
- Mayor has recently established Housing Authority
- Good way to represent support is to attend meetings
- Need for Apt. complexes to get interpreter. Feedback for issues in Apartment Complexes.
- Problems extend beyond city limits. The county also influences the achievement of results

Joe Alvarado- Liaison between city and county

Marcus C. Kellym

Speak to people at Majestic

(Own 6 complexes)

Ideas

Identify projects for smaller or larger grants.

Innovative uses for existing grant-funded resources.

Pairing of ideas w/ planning.

Reducing/ eliminating waste.

Research alternative approaches to waste management.

Making use of media resources for various audiences.

What Residents Can Do

Attend Apartment area meetings

Maintain awareness of responsibilities

Educate themselves

Take advantage of services offered.

Participate in cleaning campaigns.

Band together and clean neighborhood that you have adopted. Pair that w/ education. Kids also.

Connect via existing networks.

Get outdoors.

Problem Areas

Culture or the shared habits of residents. Could the problem be the way a person sees what is happening around them?

Putting names and numbers into these networks.

That meetings need not be “Griping Sessions,” meetings can be a welcoming place.

Vision/ Action

Monthly community meetings

An apartment in every complex for community resources—
tutoring, etc.

How would you achieve that?

Doable

Green/sustainable initiatives

Health reform that addresses large regional issues

Event attendance

Notify Sagal Radio abt “Human Chain”

Mayor will notify media

Martin Luther King Clean-up Day

Interview Ruth Staples

Meeting for Learning? w/ Ruth

Dec. 6th - 6:00- Send contact info.